



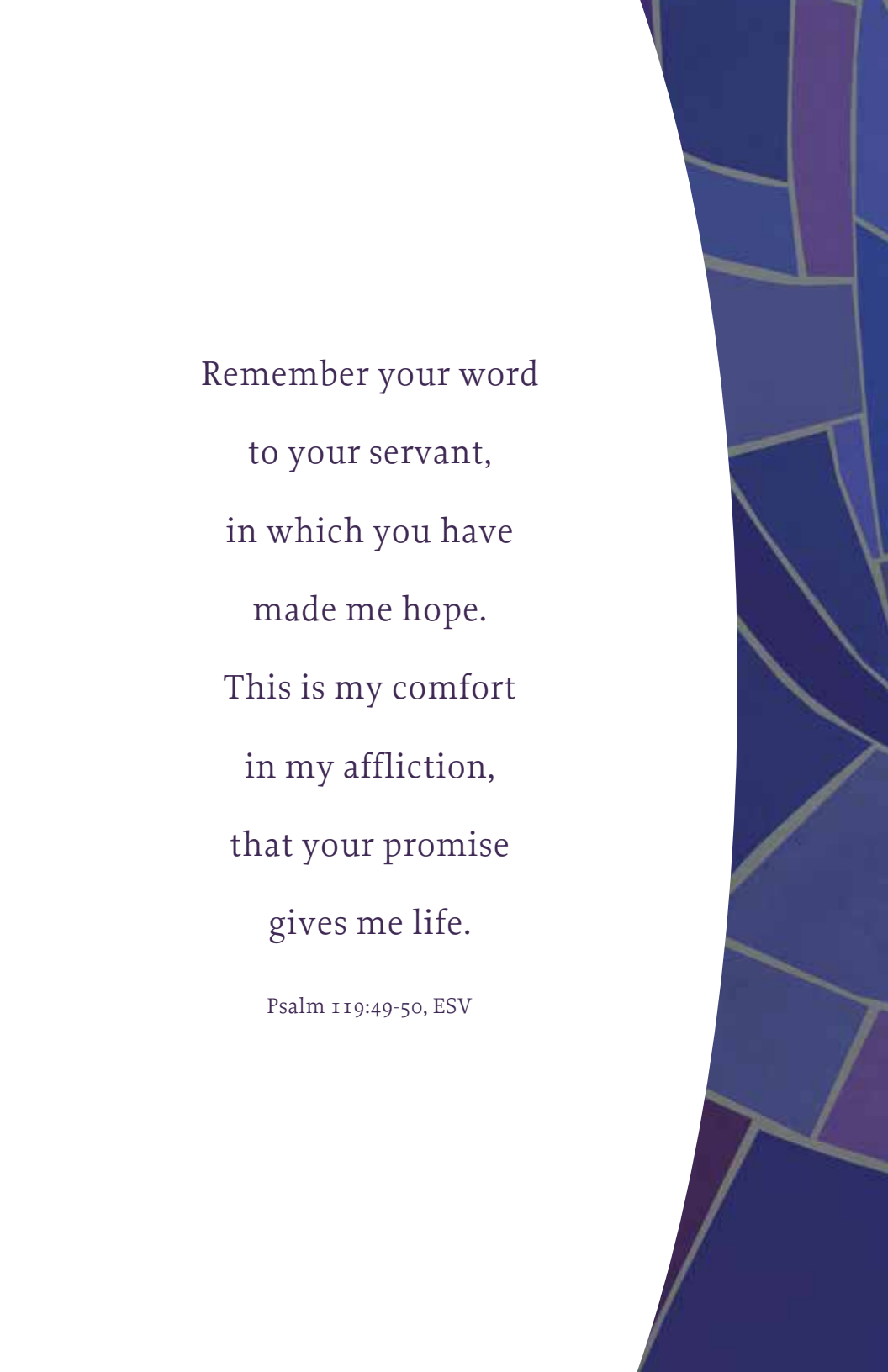
# DEVOTED TO PRAYER

A GUIDE TO  
PRAYING THROUGH  
PSALM 119

GRACE COMMUNITY CHURCH  
JANUARY 2020

REVIVE US,  
LORD,  
ACCORDING  
TO YOUR  
WORD.

IN PRAYER, WE PURSUE WHAT GOD WANTS  
AND WHAT HE INTENDS TO DO.  
GOD DESIRES TO GIVE FRESH LIFE AND  
SPIRITUAL POWER TO HIS CHURCH.  
HIS WORD LEADS US ON THE PATH TO RENEWAL.  
PRAYING HIS WORD PREPARES OUR HEARTS  
FOR HIS REVIVING WORK.



Remember your word  
to your servant,  
in which you have  
made me hope.  
This is my comfort  
in my affliction,  
that your promise  
gives me life.

Psalm 119:49-50, ESV

## PRAYING THE BIBLE

The Bible is to be read and prayed. The Bible shows us the will of God, what he wants, and what he intends to do. When we pray based on God's will, we are pursuing what he is doing.

That raises a question – if God intends to accomplish his will, why do we need to pray for it to be done? The most obvious reason is that Jesus told us to. The Lord's Prayer, recorded in Matthew 6:9-13, is a model prayer that Jesus gave to teach us how to pray. In it, he told us to ask for the will of God to be done on earth as it is in heaven. It makes sense, then, to read the Bible to find out what God's will is, and then to pray according to his will.

## HOW TO PRAY THE BIBLE

Praying the Bible is a rich and simple way to pray. First, read the Bible thoughtfully and responsively. Read from a translation that is both accurate and understandable.

Then, turn what you read into prayers of praise, thanksgiving, confession, and request. This means you let what you read become the content of your prayers. You can take this a step further by journaling your prayers. Sometimes writing prayers helps us concentrate more deeply and communicate more clearly. The Lord knows what we are praying but we can benefit from writing our prayers. Finally, include others in your prayer. Family, friends, and congregations need prayer.



**WE TURN EACH  
TRUTH WE LEARN  
ABOUT GOD  
INTO A MATTER  
FOR MEDITATION  
BEFORE GOD,  
LEADING TO PRAYER  
AND PRAISE  
TO GOD.**

*J.I. Packer in *Knowing God**

## HOW TO USE THIS PRAYER GUIDE

This guide is based on Psalm 119 and the prayer for revival. \*

A specific section of this psalm is given each week for focused prayer. You will find it helpful to read all of Psalm 119 each week during January.

- 1. Meditate on the themes that you find in each section of this psalm. Consider them thoughtfully and responsively. Ask the Lord to speak to you about the message contained in each one. What does it show you about God and yourself in relation to God? What does it tell you about God's will and his desires for you and our church? How does it instruct, comfort, correct, and encourage you? How are you led to pray for spiritual renewal? Ponder these things.*
- 2. Turn your thoughts into prayers. Praise God. Confess sin. Make requests. Talk to God about his own word.*
- 3. Formulate a prayer for yourself. Then include other people in it.*
- 4. Formulate a prayer for Grace Community Church.*
- 5. Try writing these prayers in a journal and building on them each day.*

Remember, the point is to seek the Lord and his glory, and to ask for his reviving work in you and the church. Whatever and however you pray based on God's word will be pleasing to him.

\*Some English translations use "revive" (NASB, NLT), some use "preserve my life" (NIV), and some use "give me life" (CSB, ESV).

**WEEK ONE**

**JANUARY 5-JANUARY 11**

**PSALM 119:25-32**

Read Psalm 119 this week.

Meditate on verses 25-32 each day.

As you read Psalm 119, look for references to loving and obeying God from the heart. Compare these references to Jesus' words in Matthew 22:34-40.

Let your prayers focus on revival and renewal in the heart for the purpose of keeping the ways of the Lord according to his word.

Each day, pray for yourself, someone else, and Grace Community Church.

**JOURNAL A PRAYER**

---



---



---



---



---



---



---



---



**MY SOUL CLEAVES**

**TO THE DUST;**

**REVIVE ME**

**ACCORDING TO**

**YOUR WORD...**

**I SHALL RUN**

**THE WAY OF YOUR**

**COMMANDMENTS,**

**FOR YOU WILL**

**ENLARGE MY HEART.**

vss. 25, 32, NASB



## WEEK TWO

JANUARY 12-JANUARY 18

PSALM 119:49-56

REMEMBER

THE WORD

TO YOUR SERVANT,

IN WHICH

YOU HAVE

MADE ME HOPE.

THIS IS MY COMFORT

IN MY AFFLICTION,

THAT YOUR WORD

HAS REVIVED ME.

vss. 49-50, NASB

Read Psalm 119 this week.

Meditate on verses 49-56 each day.

As you read Psalm 119, look for references to the promise of God and the hope that his promise gives. Compare these references to 1 John 3:1-3.

Let your prayers focus on renewed hope in God's promise that has come to us through Christ.

Each day, pray for yourself, someone else, and Grace Community Church. Pray for a member of Grace who serves in another country.

### JOURNAL A PRAYER

---

---

---

---

---

---

---

---

## WEEK THREE

### JANUARY 19-25

#### PSALM 119:81-88

Read Psalm 119 this week.

Meditate on verses 81-88 each day.

As you read Psalm 119, look for references to the lovingkindness (steadfast love) of the Lord. Compare these references to Ephesians 3:14-19.

Let your prayers focus on being renewed in the knowledge of God's love so that you may love him in faith and obedience.

Each day, pray for yourself, someone else, and Grace Community Church. Pray for another congregation in our city.



**REVIVE ME  
ACCORDING  
TO YOUR  
LOVINGKINDNESS,  
SO THAT I  
MAY KEEP THE  
TESTIMONY  
OF YOUR MOUTH.**

**vs. 88, NASB**

#### JOURNAL A PRAYER

---

---

---

---

---

---

---

---





**LET MY SOUL  
LIVE THAT IT  
MAY PRAISE YOU,  
AND LET YOUR  
ORDINANCE  
HELP ME.  
vs. 175, NASB**

## **WEEK FOUR JANUARY 26-FEBRUARY 1**

**PSALM 119:169-176**

Read Psalm 119 this week.

Meditate on verses 169-176 each day.

As you read Psalm 119 this week, look for references to being given life for the purpose of praising God.

Compare these references to 2 Corinthians 4:15.

Let your prayers focus on the new life that is in Christ and the salvation he brings to people for his praise and glory. Each day, pray for yourself, someone else, and Grace Community Church. Pray for the witness of God's love to flow from our congregation to our city and the world.

### **JOURNAL A PRAYER**

---

---

---

---

---

---

---

---

## **FINAL WORDS**

You have spent four weeks praying through Psalm 119.  
Now what?

Are there other passages or another book of the Bible  
that you would like to pray through?

How will you begin to read the Bible differently?

Have you ever thought about starting a small group  
centered on praying the Bible?

Ask the Lord to give you vision and practical plans for  
continuing the practice of praying the Bible.





GRACE  
COMMUNITY CHURCH

5711 Granny White Pike  
Brentwood, TN 37027  
[gcnashville.org](http://gcnashville.org)  
615-377-8997